



Report Card Pickup and Parent Teacher Interviews Thursday February 13 3:25 to 5:30 pm

If you are unable to pickup your child's report card on this day please contact your child's teacher and set up a time to pick it up.



WEAR PINK
Friday February 14th.
This activity is centred around helping students become aware about bullying in all its forms.

Sunchild School Winter Olympics



Sunchild students will be participating in our own Olympics over the next two weeks. Students have been divided into multi age / grade teams. Teachers have picked countries to follow with these students during the next two weeks. Students will be participating in a number of engaging activities centred around the Olympic theme. Many of these activities will be taking place outside and will require students to be dressed for the weather. Please send your child with winter boots, toque mittens and snow pants for the next few weeks so that they will be comfortable to participate outside in our very own Sunchild Winter Olympics.

Valentine's Day word search

Z	O	U	K	D	Y	P	O	G	M	M	F	S	E	P
C	H	O	C	O	L	A	T	E	I	E	D	N	G	I
F	H	S	Y	F	H	E	R	N	N	R	I	X	N	H
E	E	F	R	T	A	R	E	S	A	T	B	V	I	S
B	A	E	Z	E	I	R	E	C	N	A	M	O	R	D
R	R	G	L	A	W	S	R	E	L	F	K	O	A	N
U	T	L	G	I	S	O	L	O	N	F	S	H	H	E
A	I	E	O	I	N	A	L	S	W	E	E	T	S	I
R	J	V	K	V	V	G	F	F	S	T	F	I	G	R
Y	S	G	U	H	E	R	S	G	I	V	I	N	G	F

Word list

- Valentine
- Arrow
- Friendship
- Heart
- Romance
- Love
- Roses
- Be mine
- Flowers
- Feelings

- Chocolate
- Sharing
- Kisses
- Hugs
- February
- Gifts
- Cards
- Sweet
- Giving



Important Dates For Your Calendar

Thursday February 13 Parent Teacher Interviews 3:25 to 5:30
 Friday February 14 Valentine's School Are you Tough Enough to wear PINK?
 Monday February 17 Family Day No School
 Saturday February 22 Sunchild Cheerleading Competition in Red Deer
 Thursday February 20 Grade 4-6 Down Hill Skiing Canyon
 Thursday February 27 Grade 7-12 Down Hill Skiing at Lake Louise
 Tuesday March 4 Grade 6/7 Girls Basketball Divisional Tournament Rocky,

Sunchild Community Rink

The Sunchild Community Rink has seen lots of student and adult over the winter. Please remember that this facility is unsupervised and use at your own risk. We ask that all users be considerate of each other and that hockey players please ensure that they are sharing the ice surface with recreational skaters.



Sunchild Cheerleaders

Sunchild School Cheerleaders will be competing in their first Cheerleading Meet on Saturday February 22 at the Lindsay Thurber High School. Doors open at 9:30 a.m. with our Cheerleaders competing around 11:00. Spectator admission is \$10.00 for the day.



Sunchild Community Health Centre News



We hope everyone is staying healthy through the cold winter. Please remember that children 8 years old and under who have had a flu shot for the first time this year require a second dose one month after the first to be fully covered. This applies every year. Please book immunizations by phone. Our clinic days are every Tuesday and Wednesday between 10AM and 2PM.

- Infants are due to be immunized at ages 2,4,6,12 and 18 months. Preschool children are due between ages 4 and 6 years.
- Most Grade 5 students have had 2 doses of the required 3 of Hepatitis B and for girls HPV. The nurse will be coming to the school to administer these. If your child has not had any needles in grade 5 please contact the health center. Grade 9 students are eligible for two vaccines also.
- We offer many services at the health centre. We encourage members of the community to come forward to participate in sewing, beading and cooking that is promoted through the health center. Every Tuesday there is something going on in the "community wellness room". Phone ahead if you need more info.

The professional services provided are as follows:

- Nurse practitioner, Shannon Brown every Wednesday
- Midwife services, Barb, Nicole, Abby every 1st and 3rd Tuesday of the month
- Physiotherapy, Donna every week
- Occupational Therapy, Evelyn every Thursday
- Diabetes specialist, Brenda -phone to book
- Medical Doctor and Pharmacist every 1st and 3rd Thursday - for chronically ill clients. Must book through homecare nurse Rhonda Hornstra.
- Massage Therapist Jackie, 1st and 3rd Tuesday
- Mental Health and energy work Shauna Tuesdays and Thursdays
- Home care Rhonda and Myrna
- Community Health Sharon, Barb, Donna and Brenda
- Programs offered:
 - Good food box - Cordelia
 - Womens group- Valerie
 - Addictions workshops and meetings - Thomas

Please contact the health center for various resources and information on various personal and environmental health concerns you may have. We are here to serve you!
Phone 403-989-3962 for appointments or stop by.



Elementary Student of the Month

How does Your Child Get an Award Monthly at Sunchild First Nation School?



Student of the month academic is a student who excelled in all subject areas or 1 specific subject area. He or she shows great effort to try one's best in all subjects or a specific subject. He or she participates and pays attention during lessons and discussions.

Student of the Month Citizenship is a student who demonstrates qualities such as helpfulness, kindness, politeness and makes an effort to follow school and classroom rules as well as shows respect towards teachers and peers

Students of the month Most Improved is a student who has shown improvement in any area of academic or citizenship

Perfect Attendance for the Month

Students who have had no absences in the month and less than five lates (5 lates = 1 day absence)

