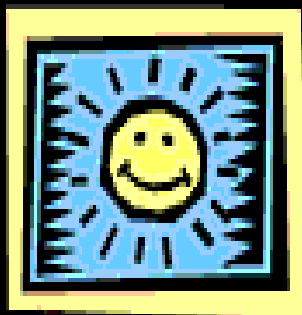


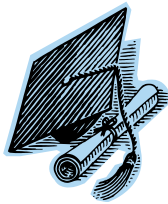
June 10, 2013



# June Newsletter

## CONGRATULATIONS TO OUR GRADE 12 GRADUATES

Best of luck to all our  
Graduates as they pursue  
their dreams and ambitions.



Dream the  
Impossible, seek  
the unknown and  
achieve greatness.



**Preston Whitehorse**

**Draven Jerry**

**Janine Bigchild**

**Chontay Daychief**

**Eric Goodrunning**

**Kain Dielak**

**Julius Bluebird**

**Shaquille Rowan**

**Lorenzo Lagrelle**

## Child Safety During the Summer Months

Summer is a time for school classrooms and hallways to empty and the awaited anticipation of our children's fun and play time. Yet, emergency rooms across the country call summertime 'the trauma season for kids.' From the heat to pools to bike riding, parents need to be on alert

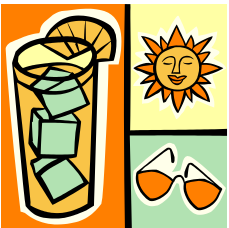
Childhood memories are filled with summertime fun which means trips to the beach, ice cream, and rides at the amusement park. While your family enjoys the summer, emergency room doctors don't enjoy what they refer to as the *trauma season*.

Tragedies rise and nearly half (40 percent) of all unintentional injury-related deaths occur during the summer months (May to August) because children are supervised less, have more free time and are involved in more outdoor activities. While you relax this summer, summer is not the time to relax about safety. Close supervision, proper protective gear, and other simple prevention steps will help keep your child safe.

Trauma is preventable. Keeping your children out of the emergency room takes thought and preparation.

First and foremost ... please remember to drive safely and use proper child seating and safety belts. It could save your child's life, yours and protect your family

**Heat** can kill. Children are smaller than adults and they dehydrate quicker. When kids play, they sweat. They should not be out in the heat for more than 30 minutes. Bring them inside for at least 15 minutes for water and snacks.



**Insect Bites** can be dangerous. Bugs also enjoy the outdoors. These creepy crawly, biting, stinging pests don't have to be such a pain if parents use insect repellent on their children.

**Bike Riding** without helmets is an accident waiting to happen Children must wear helmets every time they're on their bikes- no matter what.

**Home Playgrounds** – make sure your home playground is safe.

**Sports** - use softer-than standard baseballs, safety-release bases and batting helmets with face guards to reduce baseball-related injuries to children.

**Home** - Install **window guards** to prevent children from falling out of open windows As school's out for summer, kids are everywhere and parents should be too. Even though your children may be older, make sure you're on watch, so that you won't have to take a trip to the emergency room. Enjoy the summer with your children - **SAFELY**

## Important Dates For Your Calendar

Monday June 10	Mr. Smith Gr. 5 and Miss. Petitjean Gr. 2 Year End Field Trip to Pioneer Ranch Camp
Friday June 14	Grade 6 and Mr. Bloxam Year End Field Trip to Rocky Headstart Graduation 10:00 Kindergarten Graduation 1:00
Wednesday June 19	Miss. Britten Gr.2 Year End Field to Rocky
Thursday June 20	Grade 9 Celebration Student dismissal at 11:40 Grade 9 Celebration Starts at 1:00 pm
Friday June 21	Last Day of Classes for Students
Monday June 24	Sunchild School Awards Day 10:00



Congratulations to the grads of 2013. We wish you good health and a clear sense of purpose as you move into the future! Your choices and your actions have very significant impact on your families, your community., your world.... Never stop learning!

Congratulations to all students, staff, and families for completing another year of learning, growing and working together. Have a safe and joyful Summer!

Here are the dates to keep in mind for Health services for the next 3 months

**Immunizations** Barb, Sharon or Brenda - every Tuesday and Wednesday. Phone to book appointment. Children ages 2,4,6, 12, 18 months and 4-6 years old.

**Nurse Practitioner-** Shannon Brown- Most Wednesdays at the Health Center. Shannon can address many health concerns from children to adults. She can order tests, write prescriptions and make referrals as needed. She is in the community the following dates

- June 12, 19, 26
- July 3, 10, 17, 24, 31
- August , 14, 21, 28

Please call for appointment. Dates may be changed.

**Physio Therapy** - Donna LaRocque- Most Wednesdays from 9- 12 noon - afternoons in O’Chiese

- June 5, 17, 19, 26
- July 3, 15, 17, 24, 31
- August phone to book

**Occupational Therapist** - Evelyn Wevik Most Thursday Mornings - afternoons at O’Chiese

- June 6, 13, 20, 27
- July 11, 18, 25
- August 1, 8, 15, 22, 29

**Dietician** - Sarah Juchli - If you are dealing with obesity, anemia, diabetes or any health issues that will benefit from better nutrition please book an appointment with Sarah.

**Life Coach, Energy work, Mental Health** - Shauna Arthur

- June 11, 13, 18, 27
- July & August call to book

**Primary Care Network-** Medical doctor and pharmacist in community to support chronically ill clients on the first and third Thursday of every month, These dates are subject to change. Please contact Home Care Nurse - **Rhonda Hornstra**

**Good Food Box** - Not available this June. Will resume in July. Contact Cordelia at the health center for more info.

Summer Search

DRPSUNTANICECREAM  
ZPCHUSUNBURNFNJEN  
YIAHGHBOATCOUSUGB  
WRUEFFISHINGOINLE  
MKGUTIBIKINICWEOA  
NQUBEEWATERMELONC  
ANSWIMMINGJLWGBBH  
YQTAACIPQTOUQNJDH  
VRNNGXSGTWTXXGRLY  
ALTFECMFQPPYSDAECD  
COLOAOAXGCMATTPCEE  
ATWSMSNSUNGLASSEES  
TIOHPQFXDFTENTPXL  
IOVOIUIWQKRHOTBMC  
ONJRNIMUFFHLKGLRW  
NZRTGTXXJZKLAHTXZT  
BKNSVOQWJVXXRDWEB



Awards Day  
Monday June 24



Our school awards day will be held on Monday June 24th started in at 10:00. The school buses will be running at 9:30 to assist students and parents who need transportation.



Have a Great Summer don't forget to play Safe!

August beach bikini boat camping fan fishing shorts sunscreen sunglasses sun tan swimming + tan vacation

hat hot ice cream July June lotion mosquito

10/10

www.boglesworld.com