



March Newsletter

Parent Teacher Interviews
Tuesday April 7th at 2:00 pm
Hot Dog and Fries Dinner at 5:00 pm
Merchandise
BINGO to Follow



Student Attendance

Our attendance rates are much lower than we would like them to be for the last couple of months. We all want students to have the greatest success in their schooling which means they need to attend school regularly. February attendance rate was **68%** which means students missed on average **6 days** out of a possible 19 days of instructional in February. With your help we hope to see an improvement in our attendance rate for the rest of the school year.



For the safety of our students

For the safety of our students we ask that all parents who are dropping off their children at school to keep right and drive around the school parking lot. Please let your child out along the side of the school building. Parents then can exit without the need to go around the monument where buses are dropping off students. Please note that the speed limit coming down the hill towards the school is 30 km.

Swimming, Snorkeling, and Kayaking

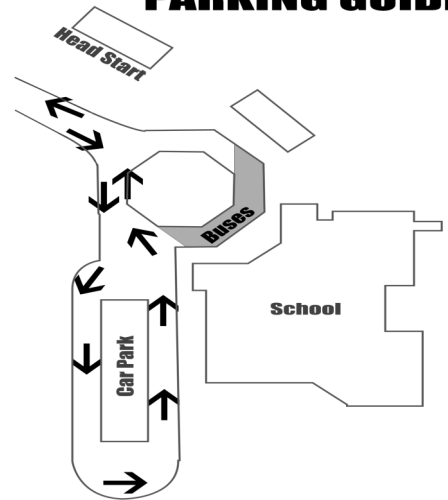


March will be a very busy month for Grade Four, Five and Six students as they will be going to the Rocky Mountain House Pool weekly. Grade Four students will be taking swimming lessons on Tuesdays. Grade Five students will learn how to snorkel on Wednesdays and the Grade six students will be kayaking on Thursdays. Look for lots of photos posted on our Facebook Page



Please Remember that Sunchild School is a Peanut Free School!

PARKING GUIDE



Important Dates For Your Calendar

- Wednesday March 4 – Jr. / Sr. High Ski Trip to Nakiska leaving at 6:30 am
- Monday March 9 – Canadian Forces Presentation at 11:00 Learning Commons
- Tuesday March 10 – Rebecca Nutritionist Programing
- Tuesday March 10 – Cross Country Skiing Festival Canmore for Select Students
- Tuesday March 10 – Jr. High Basketball Tournament
- Thursday March 12 – Gr. 4 to Alexander for Traditional Games
- Tuesday March 17 – St. Patrick's Day – Green Pancakes
- Wednesday March 18 – Enoch Sr. Mixed Badminton Tournament
- Wednesday March 18 – Jr. Sr. High Ski Trip to Nakiska leaving at 6:30 am
- Thursday March 19 – Badminton Doubles After School
- Friday March 20 – School Wide Spirit Day
- 11:50 Student Dismissal / Staff PD
- Friday March 20 – Career Fair YTC at 10:00 am for select high school students
- Tuesday March 24 – Rebecca Nutritionist Programing
- Thursday March 26 – After School Badminton Singles Tournament
- Thursday April 2 – Jr. High Girls Basketball Tournament
- Tuesday April 7 – Parent Teacher Interviews 2:00 PM
- Hot Dog Dinner at 5:00 and Merchandise BINGO to follow
- Wednesday April 8 – School Wide Spirit Day Easter Theme 1:00 PM
- Thursday April 9 – No School Start of Spring Break
- Monday April 20 – First Day Back from Spring Break
- Wednesday April 22 – K5 Grad Photo
- Wednesday April 22 – Performance at the Citadel (Gr. 10-11) Select Students
- Thursday April 23 – Badminton at Alexander Jr. Female and Male
- Friday April 24 – Grandparents Brunch and Spirit Day Activities
- 11:50 Student Dismissal / Staff PD
- Tuesday April 28 – Badminton Enoch Singles and Doubles Sr. Mixed

Sunchild School Working Towards Comprehensive School Health



Sunchild School staff attended the Shaping the Futures Conference in Lake Louise at the end of January. The conference brings together educators, health and wellness professionals, and researchers to discuss aspects of comprehensive school health.

What is comprehensive School Health? Comprehensive school health is an internationally recognized approach to support improvements in students' educational outcomes while addressing school health. The whole-school model builds capacity to incorporate well-being as an essential aspect of student achievement. There are four distinct but inter-related components that comprise a comprehensive school health approach.

- Social and physical environment
- Teaching and learning
- Healthy school policy
- Partnerships and services



When actions in all four components are harmonized, students are supported to realize their full potential as learners—and as healthy, productive members of society.

Why do we need comprehensive School Health? Health and education are interdependent: healthy students are better learners, and better-educated individuals are healthier. In the classroom, comprehensive school health facilities improved academic achievement and can lead to fewer behavioral problems. In the broader school environment, it helps students develop the skills they need to be physically and emotionally healthy for life.

How are we doing? Sunchild School does a lot of programming which falls under the definition of comprehensive school health, as seen below. The challenge is to use the language of comprehensive school health to develop the frame and policy so that the greatest value is reached from each activity.

Downhill skiing	Skating Rink	Parent Conference	Academy weeks
Student Leadership	Sledding hill	Student Conference	Jr. High Options
Breakfast Program	Mountain Biking	Graduation Celebration	Pink Shirt Day
Hot Lunch	Ball Diamond	Year End Field Trips	Teachers vs Students
Afternoon Snack	Outdoor Education	Year End Awards	Sports
3 hr. of PE weekly	Gr. 4 Swimming	Student of the Month	Jersey Day
Cross Country Skiing	Gr. 5 Snorkeling	Treaty Day	Track and Field
Snow Showing	Gr. 6 Kayaking	School Pow Wow	Treaty Day
Counseling Services	Basketball Team	Culture Camp	School Canteen
Occupation Therapist	Volleyball Team	Halloween Haunted House	Sport Day
Physiotherapy	Spirit Days	Welcome Back BBQ	Awards Day
Nutritionist	Badminton	Fall Round Dance	Halloween Carnival
Community Health	Traversing Wall	After School Tutoring	Welcome Back BBQ
Nurse	Fitness Equipment	Community BINGO	BINGO
Canoeing	Sensory Room	WE Day	Hard Work Café
Kayaking	Staff Curling	Resiliency Conference	Cooking Classes
After School Program	Staff Camping Trip	Student Field Trips	Art Classes
Hiking	Elders Tea	Cross Country Running	Traversing Wall
After School Swimming	Mothers Day Tea	Terry Fox Run	Computer Club
After School Recreation	Parent Speak Out	Orange Shirt Day	Elder Story Telling
Scooters, Skate Board	Christmas Gala	Winter Walk	Camping
Frisbee Golf	Thanksgiving Meal		

Happiness! If you want to be happy the rest of your life, make sure you keep your brain happy. Why? Because being happy matters more to your brain than you might think. What we think, do, and say matters; that it affects who we become on the outside, the inside, and in our brain. Being happy improves cognitively alert and productive, it stimulates the growth of nerve connections, improves your ability to analyze and think affects your view of surroundings

Do your child's Inside Shoes Still fit?

Kids are always growing and we have noticed that many students no longer are wearing their inside shoes due to the fact that they have out grown them. We would like to remind parents that students need to have inside shoes. Inside shoes protect students feet, keep our school clean and in the event of the need to evacuate the school due to a fire students have inside shoes to wear outside. Students need to remember to put on their inside shoes whenever they enter the building.



Great Attendance = Academic Success

