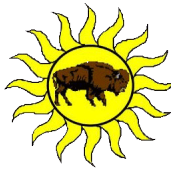




# Sunchild First Nation Treaty Day



**Friday May 24th**  
Buses running at 9:30  
-Carnival style games starting at 10:00.  
-BBQ Lunch for the whole community!

**Pajama Day**  
**Thursday**  
**May 23rd**  
**Show Your**  
**School Spirit**  
**Elementary**



## MOTHER'S DAY BREAKFAST

Friday May 10th @ 9:00  
Mothers \$3.00 all others \$5.00



## Sunchild Health Fair

Sunchild School hosted the Health Centres **Teddy Bear Fair!** This important event for screening young children from ages 0 – 10 years old. Children check in and receive a stuffed toy and a passport for various stations. Each station was staffed with a health professional that worked with each child to address important health matters. The stations covered things such as; height & weight, motor skill development, nutrition, safety, dental health, speech, and general wellness. This fair was a great opportunity for families to gather important information as well as identify any concerns that may need further investigation or support.



**Cree Proverb** *Realize that we as human beings have been put on this earth for only a short time and that we must use this time to gain wisdom, knowledge, respect and the understanding for all human beings since we are all relatives.*

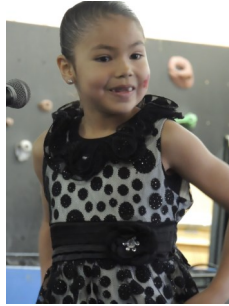
## Important Dates For Your Calendar

- |                     |   |
|---------------------|---|
| Wednesday May 8     | Employment Fair at River Cree                     |
| Friday May 10       | Mother's Day Breakfast Mother \$3.00              |
| Monday May 13-17    | Trades Students at Red Deer College               |
| Wednesday May 15-16 | Skills City at U of A Tour Senior Students        |
| Monday May 20       | Long Weekend No School Have a Great Long Weekend! |
| Wednesday May 22    | Grade 9's Leave for Toronto exchange trip         |
| Friday May 24       | Treaty Day No School for Students BBQ at School   |
| Monday May 27-31    | Trades Students at Red Deer College               |
| Monday May 27-28    | FNSSP Youth Leadership Conference                 |
| Wednesday May 29    | Grade 9's Return from Toronto exchange trip       |
| Wednesday May 29    | Grade One Field Trip to Pioneer Ranch Camp        |
| Thursday May 30     | Headstart Field Trip to Calgary Zoo               |
| Thursday May 30     | Treaty Six Track and Field Meet                   |
| Wednesday June 5    | Toronto exchange students arrive at Sunchild      |
| Friday June 7       | Grade 1-3 School Track Meet                       |
| Friday June 7       | High School Graduation Starting at 4:00 p.m.      |



## Sunchild School 3rd Annual Talent Show

What a great time everyone had at Sunchild School's 3rd Annual Talent show. It was so great to see so many parents, families and community members attend this great afternoon show. The following are the afternoon results. In the group category Tyan with Say Goodnight came in first. Second was Lizabeth and Jessalyn. Third was Lilly and Kimora with the balloon animals. For the Individual category all the winners were violin solos. Jaylyn came in first, second was Keshay and third was Alanis. In the traditional category Scott and Mario came in first. Second went to Dakota and third went to Melodie.



We would like to thank all the individuals and groups who participated and made this afternoon such a great success.

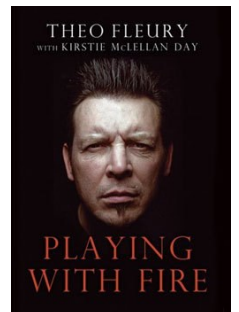
## Sunchild Health Centre News



Welcome sunshine and warm weather! Remember to protect your eyes with sun glasses or a hat. Sunscreen for your skin if you are out for prolonged periods. It is very important to drink plenty of water if you are involved in sports especially if you are active in the hot weather. Make sure small children are well hydrated at all times as they often do not ask for a drink until they are already depleted. Water is better than juice- pop is not recommended.



Last month Therron (Theo) Fleury and Mike Gladeau spoke about "over coming addictions and abuse" at the O'Chiese Community center. It was a very inspiring event. As a follow up to the great work these two men are doing, it has been decided that Sunchild and O'Chiese communities will participate in the "Victor" walk. This walk is promoted by Theo Fleury and is to take place from Toronto to Ottawa on May 23. The walk will happen on May 23 in our community and will cover from Sunchild school to The Justice building, concluding with a big barbeque. There will be RCMP escort. This sponsored event will require plenty of community support. Please contact the organizers Valerie Daychief and Shirely (Justice Building) If you can help out or would like more information.



Another date to remember is Saturday May 18, 2013 as the community is hosting Earl Lambert. He is a gifted motivational speaker who also attended the Theo and Mike gathering on April 23. Watch for further details.

We are happy to announce that we are hosting a "men's group" once a month at the Health Center,. It will be hosted by Thomas Lagrelle and Richard Daychief. We encourage all men, Young and Old to come forward to participate in this opportunity to share ideas and find support. There will be various topics to cover based on what the group feels is important. Please come forward as this is new and we want it to be about You!

The Doctor will be in the community to deal with Chronically ill clients on Thursday May 9, 2013. There will not be another Doctor in again until next month. There will be the Nurse Practitioner Shannon Brown at the Health Center every Wednesday of each month to address any immediate health concerns you may have. Please call ahead to book an appointment. Walk ins are welcome.

If You know of anyone with Diabetes who may need there Eyes checked please have them book for SLICK - the diabetic screening group, for June 6, 2013.

Please make use of the Good Food Box that happens every month - \$5-\$10 buys over \$20 worth of groceries that can be picked up at the Health center. Money needs to be collected at the first of the month then groceries are available one week later for pick up. Contact Cordelia @ ext 109.

Immunization clinics are weekly on Tuesday and Wednesday Children need vaccines at ages 2,4,6, 12 and 18 months. There are several preschool age children that are due for preschool vaccines. Please book at the Health center.

