



November Newsletter

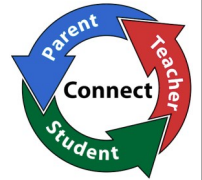
Mini Round Dance

Thursday November 15

Parent Teacher Interviews 2:00 to 6:00 Feast and Mini Round Dance starting at 6:00. 2:00 Dismissal for Students

What are Parent Teacher interviews?

Parent-teacher interviews offer parents the opportunity to meet their children's teacher and discuss, in person, their children's education as well as learn about the curriculum. It is also an opportunity for teachers to learn more about the students from parents.



All parents who pickup their child's report card will have their names entered for 3 X 100.00 Gift Card Draw

Student Attendance

School staff have noticed that there are quite a few students who are regularly showing up late to school. Students are missing valuable instructional time when they show up late. It is also very disruptive to the class when students are showing up late. Parents need to try to ensure that students get to their bus on time in the morning, so that they will have the greatest opportunity to be successful in school.



Parents wishing for their child to be dropped off at a place other than their home, need to ensure they send a note with their child or phone the school.



Fall Lost and Found Items

The school will be putting out the lost and found items for parents and students to go through on Thursday November 15th. All unclaimed fall articles of clothing will then be taken up to the band office on SA day for parents look through.



Elementary SOM

Parents wishing to observe the Student of the Month (SOM) assembly are welcome to join us in the Elementary Pit. The next student of the month will be Friday November 9th at 9:00. Students receiving awards will be contacted by their classroom teachers.



Wanted Old or Unused Hockey Sticks

We are looking for old or unused hockey sticks that students can use during their recess time to play street hockey with. If you have any please send them to school with your child and they will be put to great use. Thank You



Important Dates For Your Calendar

Thursday November 1	Grade 6 Volleyball Tournament at Louis Bull
Mon Nov 5 to Fri Nov 9	High School Learning Academy
Friday November 9	11:50 Student Dismissal Staff PD Afternoon
Monday November 12	No School for Staff and Students
Wednesday November 14	Picture Retake Day
Thursday November 15	Parent Teacher Interviews 2:00 to 6:00 Feast Starting at 6:00 Sunchild School Mini Round Dance at 6:00
Thursday November 15	Flu Clinic @ Sunchild School
Tuesday November 20	We Are Silent Bake sale and School Event
Thursday November 22	Volleyball Tournament at Sunchild School
Tuesday November 27	Battle of the Bands Sr. Girls at Samson
Friday November 30	11:50 Student Dismissal Staff PD Afternoon
Mon Dec 3 to Fri Dec 7	Dental Hygienist at the school
Thursday December 6	Sunchild School Christmas Gala
Thursday December 20	Sunchild School Christmas Concert
Friday December 21	No School Staff Students Christmas Break
Monday January 7	First Day Back from Christmas Break

Provincial Achievement Results Grades 6 and 9



Parents of student who wrote the Grade 6 and 9 Provincial Achievement Exams last year and are interested in their child's results please see Mr. Malthouse on Thursday November 15th between 2:00 and 6:00.

Have you added Sunchild School onto your Facebook? If not look us up on Facebook!
Important School related information can be sent to you through your

School Photo Retakes Wednesday November 14

Students needing retakes on their school pictures are required to bring back their first package uncut to get retakes.



Remembrance Day Sunday November 11th



"We, your sons and daughters of today, we remember you, spirits of past wars and battles. We stand for peace on this planet called Mother Earth... We are armed not with the terrible weapons of technology but with the wisdom of the elders. We have not forgotten, we will not forget. We will live for our children and the future." Gordon Ahenakew Saskatchewan Indian Veterans Association.

Remembrance Day Word Search

L F O R C E S H G S I P V C P
E A U D J X T E B N E I T O D
G X I Y Y N U A P A U Z P Z N
M W U R E V T D C R S P R R A
J A R V O T A E Q E Y A T E L
F I E E L M K N S T W W Y I O
I L M E A E E S R E G N A D W
E A S O E T O M Y V D A Y L A
L I B P D R H C K B D V I O R
D R E U C E M S A M M E B S T
S R Y Z K S E M F N O T O G I
S F L A N D E R S F A U O Z M

AIR	ARMED	FIELDS
BATTLES	CANADA	CROSSES
DANGERS	DAY	ELEVENTH
FLANDERS	FORCES	FREEDOM
MEMORIAL	NAVY	PEACE KEEPERS
REMEMBRANCE	SEA	POPPY
SOLDIER	VETERANS	WAR
WARTIME	WREATHS	LAND



Relational Aggression

An Increased number of children and youth are demonstrating mean behaviour in a variety of ways. In particular, girls display "hidden" and "indirect aggression" in the form of rumour spreading and / or social exclusion. Verbal violence through electronic media such as the internet, email and social media is also increasing.

Relational aggression is typically covert (not observable) and indirect.

Examples can include:

- Shunning
- Excluding
- Ignoring
- Gossiping
- Lying
- Spreading false rumours
- Disclosing another person's secret



Just like physical or more overt forms of bullying relational aggression has both short term and long term emotional impacts.

Addressing Relational Aggression is a priority at Sunchild school where we want all students to be happy and safe. Strategies to address relational aggression include education about healthy self esteem and relationships, peer counselling and individual student counselling

Sunchild Schools November Virtue is **COURAGE!** Courage is the resolve to act virtuously when it is most difficult. It is the acting for the good when it would be much easier not to.

We buy them a Phone, and with that *one little decision* comes the world of social media access—something we haven't thought about and something none of us is prepared for. Because the midbrain is reorganizing itself and risk-taking is high and impulse control is low, I can't imagine a worse time in a child's life to have access to social media than middle school. Here are just a few reasons why:

Social media was not designed for them. A tween's under-developed frontal cortex can't manage the distraction nor the temptations that come with social media use.

Social media is an entertainment technology. It does not make your child smarter or more prepared for real life or a future job; nor is it necessary for healthy social development. It is pure entertainment attached to a marketing platform extracting bits and pieces of personal information and hours of their time and attention.

A tween's "more is better" mentality is a dangerous match for social media. Do they really have 1,456 friends? Do they really need to be on it nine hours a day? Social media allows (and encourages) them to overdo their friend connections like they tend to overdo other things in their lives.

Social media replaces learning the hard social "work" of dealing face-to-face with peers, a skill that they will need to practice to be successful in real life.

Social media can cause teens to lose connection with family and instead view "friends" as their foundation. Since the cognitive brain is still being formed, the need for your teen to be attached to your family is just as important now as when they were younger. Make sure that attachment is strong. While they need attachments to their friends, they need healthy family attachment more.

Taken from Psychology Today (Families Managing Media)