



# November Newsletter

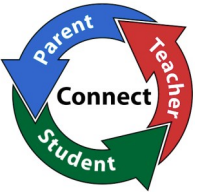
## Mini Round Dance

Thursday November 14

**Parent Teacher Interviews 2:00 to 5:00**  
**Feast and Mini Round Dance starting at 5:00**  
**2:00 Dismissal for Students**

All parents who pickup their child's report card will have their names entered for 3 X 100.00 Gift Card Draw

What are Parent Teacher interviews? Parent-teacher interviews offer parents the opportunity to meet their children's teacher and discuss, in person, their children's education as well as learn about the curriculum. It is also an opportunity for teachers to learn more about the students from parents.



### Student Attendance

School staff have noticed that there are quite a few students who are regularly showing up late to school. Students are missing valuable instructional time when they show up late. It is also very disruptive to the class when students are showing up late. Parents need to try to ensure that students get to their bus on time in the morning, so that they will have the greatest opportunity to be successful in school.



### We Are Silent Friday Nov 15

By taking a vow of silence for WE Are Silent, young people across the UK and North America are helping amplify the voices of children who go unheard around the world. Our Spirit Day activity lead by Ms. Bateman's Leadership group will spark conversations on children's rights, raise money for children's education globally and create a lasting impact in our WE Village.



For more information check out:

<https://www.we.org/en-CA/>

### Elementary SOM

Parents wishing to observe the **Student of the Month (SOM)** assembly are welcome to join us in the Elementary Pit. The next student of the month will be Friday November 8th at 9:00. Students receiving awards will be contacted by their classroom teachers.



October Award winners will receive a book of their choice to take home.



### Wanted Old or Unused Hockey Sticks

We are always looking for old or unused hockey sticks that students can use during their recess time to play street hockey with. If you have any please send them to school with your child and they will be put to great use. Thank You



### Important Dates For Your Calendar

Mon Nov 4 to Thur Nov 7	High School Learning Academy
Monday November 11	No School Remembrance Day
Thursday November 14	Treaties Volleyball at Enoch
Thursday November 14	Parent Teacher Interviews 2:00 to 5:00
	Feast Starting at 5:00
	Sunchild School Mini Round Dance at 5:00
Thursday November 14	Flu Clinic @ Sunchild School
Friday November 15	Spirit Day Activity We Are Silent
	11:50 Student Dismissal for Staff PD
Tuesday November 19	School Photo Retake Day
Thursday December 12	Sunchild School Christmas Gala
Thursday December 19	Sunchild School Christmas Concert
Friday December 20	No School Staff Students Christmas Break
Monday January 6	First Day Back from Christmas Break

Provincial Achievement Results Grades 6 and 9

Parents of student who wrote the Grade 6 and 9 Provincial Achievement Exams last year and are interested in their child's results please see Mr. Malthouse on Thursday November 14th between 2:00 and 5:00.

School Photo Retakes Tuesday November 19

Students needing retakes on their school pictures are required to bring back their first package uncut to get retakes.



School Volleyball Team Update

The Sr. boys were undefeated winning 10/11 sets at the Treaty 6 tournament in Sampson. The Sr. girls struggled initially at Sampson losing their first two matches but showed great character and resilience to come back and win a tight final 2 sets to 1. The Sr. High School Volleyball teams will be travel to Enoch on the 14th November to compete in treaty 6 championship which Sunchild last won (Jr high division) 11 years ago.

Grade 6/7 girls have won 5 and lost 1 which puts them second in the league. Hoping to win back to back Division B championships.

Grade 8/9 girls in a tough division but showing great improvements and are pushing some really good teams.



Remembrance Day Monday November 11th



"We, your sons and daughters of today, we remember you, spirits of past wars and battles. We stand for peace on this planet called Mother Earth... We are armed not with the terrible weapons of technology but with the wisdom of the elders. We have not forgotten, we will not forget. We will live for our children and the future." Gordon Ahenakew Saskatchewan Indian Veterans Association.

Sunchild Schools November Virtue is **COURAGE!**

Courage is the resolve to act virtuously when it is most difficult. It is the acting for the good when it would be much easier not to.

**COURAGE**  
is what it takes to  
*Stand Up and Speak:*

**COURAGE**  
is ALSO what it takes to  
*Sit down and Listen.*  
WINSTON CHURCHILL

Remembrance Day Word Search

L F O R C E S H G S I P V C P  
E A U D J X T E B N E I T O D  
G X I Y Y N U A P A U Z P Z N  
M W U R E V T D C R S P R R A  
J A R V O T A E Q E Y A T E L  
F I E E L M K N S T W W Y I O  
I L M E A E E S R E G N A D W  
E A S O E T O M Y V D A Y L A  
L I B P D R H C K B D V I O R  
D R E U C E M S A M M E B S T  
S R Y Z K S E M F N O T O G I  
S F L A N D E R S F A U O Z M

AIR	ARMED	FIELDS
BATTLES	CANADA	CROSSES
DANGERS	DAY	ELEVENTH
FLANDERS	FORCES	FREEDOM
MEMORIAL	NAVY	PEACE KEEPERS
REMEMBRANCE	SEA	POPPY
SOLDIER	VETERANS	WAR
WARTIME	WREATHS	LAND



**We buy them a Phone,** and with that *one little decision* comes the world of social media access—something we haven’t thought about and something none of us is prepared for. Because the midbrain is reorganizing itself and risk-taking is high and impulse control is low, I can’t imagine a worse time in a child’s life to have access to social media than middle school. Here are just a few reasons why:

**Social media was not designed for them.** A tween's under-developed frontal cortex can’t manage the distraction nor the temptations that come with social media use.

**Social media is an entertainment technology.** It does not make your child smarter or more prepared for real life or a future job; nor is it necessary for healthy social development. It is pure entertainment attached to a marketing platform extracting bits and pieces of personal information and hours of their time and attention.

A tween's “more is better” mentality is a dangerous match for social media. Do they really have 1,456 friends? Do they really need to be on it nine hours a day? Social media allows (and encourages) them to overdo their friend connections like they tend to overdo other things in their lives.

**Social media replaces learning the hard social "work" of dealing face-to-face with peers,** a skill that they will need to practice to be successful in real life.

**Social media can cause teens to lose connection with family and instead view “friends” as their foundation.** Since the cognitive brain is still being formed, the need for your teen to be attached to your family is just as important now as when they were younger. Make sure that attachment is strong. While they need attachments to their friends, they need healthy family attachment more.

Taken from Psychology Today (Families Managing Media)