



## Sunchild School Round Dance and Parent Teacher Interviews



Thursday November 19

- Parent Teacher Interviews starting at 2:00 with an early dismissal for students. Interviews will be running to 6:00 p.m.
- Feast and Round Dance to start at 6:00 p.m.

If you are unable to make it to parent teacher interviews please make arrangements with your child's classroom teacher to pick up their report card.

Back Issues of the School Newsletter can be found on the Sunchild web site [www.sunchildschool.com](http://www.sunchildschool.com)

## Sunchild School Sr. Boys and Girls Volleyball Team



Senior High Boys and Girls travelled to Alexis on October 15 where they participated in a volleyball tournament. The boys placed 2nd and the girls also placed second. It was a great showing for both the girls and boys.

## SCHOOL PHOTOS WEDNESDAY OCTOBER 28TH WEAR YOUR SMILE



## School Cheer

Cheer practices have begun for grade 4 students, Thursday at lunch. Grade 1-3 team will begin in November. After school practices will begin for both teams in November on Monday and Wednesday. Regular attendance is mandatory as each team member holds an important role.



## Taking Students Home Early?

Parents please ensure that you sign your child out of the school through the main office. We need to know who is in the school in case of a fire or other emergencies.



## Terry Fox Run For Cancer

The 8th annual Sunchild Terry Fox Run was held last month. Students raised \$148.00 for cancer research during this yearly activity.



## Sunchild School Cross Country Running



Sunchild School sent 22 students to Enoch to participate in the Treaty 6 Cross Country Running Meet on the 30th of September. All the students enjoyed the afternoon of competition. A number of students came back with ribbons which was great to see.

Parents wishing for their child to be dropped off at a place other than their home need to ensure they send a note with their child or phone the school.



## School Lost and Found

Our Elementary Lost and Found is already full! We have had it laid out for students to pick up missing articles with little success.



Parents if your child seems to be missing articles of clothing drop by our elementary pit and look through our lost and found.

## Peanut Free School

As Halloween is fast approaching us we would like to remind parents that Sunchild School is a peanut free school. Please remember that many chocolates contain peanuts or peanut oil. The health of one of our students is dependent on our vigilance. Your support is greatly appreciated.



## Important Dates For Your Calendar

Friday October 23	No School for Students Professional Development day
Wednesday October 28	School Photos
Friday October 30	Halloween Carnival for Elementary Students
Wednesday November 11	No School Remembrance Day
Wednesday November 18	Photo Retake day bring in uncut originals for retake
Thursday November 19	Parent Teacher Interviews 2:00 to 6:00 p.m.
Thursday November 19	Community Education Mini Round Dance 6:00 p.m.
Friday November 20	No School for Students Professional Development day

**Make Sunchild School  
a Bully Free  
Environment! You  
can help us **STOP** Bullying**



**CLINIC AT THE SCHOOL LIBRARY  
OCTOBER 22 AND NOV 19 10 TO 7**

There is plenty of confusion about what is “influenza”. It is helpful to understand what you are dealing with.

**What You Can Do About Bullying!**

**-What is bullying?** Bullying is when someone keeps doing or saying things to have power over another person.

**-What can you do if you are being bullied?** Coping with bullying can be difficult, but remember, you are not the problem, the bully is. You have a right to feel safe and secure.

- Spend time with your friends! Bullies hardly ever pick on people if they’re with others in a group
- Try ignoring the bully, tell them to stop and walk away whenever the bullying starts.
- If someone is bullying you, you should always tell an adult you can trust. This isn’t telling tales. You have a right to be safe and adults can do things to get the bullying stopped.
- If you find it difficult to talk about being bullied, you might find it easier to write down what’s been happening to you and give it to an adult you trust.
- If you see someone else being bullied you should always try to stop it. If you do nothing, you’re saying that bullying is okay .

**Are You a Bully?**

**Have you ever bullied someone else? Think about why you did it and how you were feeling at the time. If you are sometimes a bully, try to find other ways to make yourself feel good. Most bullies aren’t liked, even if it starts out that way . Remember, it’s best to treat others the way you would like to be treated.**

Type of Infection	Respiratory Infection		Gastrointestinal
Description Symptoms	Influenza	Common Cold	Stomach upset
Virus Involved	Influenza A or B	Many different kinds of viruses such as rhinovirus, coronavirus, adenovirus, etc.	Norwalk like viruses is the most common.
Fever	Usually high, beginning suddenly and lasting 3-4 days.	Sometimes	Rarely
Headache	Usually, can be severe.	Rarely	Sometimes
Chills, Aches, Pain	Usually, and often severe.	Rarely	Common
Loss of Appetite	Sometimes	Sometimes	Frequently- usually nausea, vomiting and diarrhea occur as well.
Cough	Usually	Sometimes	Rarely
Sore Throat	Sometimes	Sometimes	Rarely
Sniffles or Sneezes	Sometimes	Usually	Rarely
Extreme Tiredness	Usually-tiredness may last 2-3 weeks or more	Rarely	Sometimes
Involves Whole Body	Usually	Never	Stomach and bowel only.
Symptoms Appear Quickly	Yes	More gradual	Yes
Possible Complications (Health Problems)	Pneumonia, kidney failure, swelling of the brain and death	Sinus infection or ear infection	Dehydration (losing more fluid than you take in).
Vaccine	Yearly vaccine provides protection against two influenza A strains and one influenza B strain	No vaccine available	No vaccine available.

**For the Safety of your child. Please take the time to review the School Bus rules with your child.**



1. The driver is in full charge of the School bus at all times and students shall obey him/her promptly and respectfully.
2. Students are responsible to be on time, on the road at the bus stop, not in the house.
3. Unnecessary conversation with the driver is prohibited.
4. Classroom conduct is to be observed on the bus and any disturbance, which may take the driver’s attention and endanger the safe operation of the bus, is prohibited.
5. Smoking is not permitted on the bus.
6. Drugs, alcohol and weapons are not allowed on the bus
7. Students shall not litter the bus or throw anything out the bus windows.
8. Students shall not extend any part of their body out the window.
9. Students shall remain seated while the bus is in motion.
10. Students shall not destroy, mutilate or damage the bus in any way.
11. Students shall leave the bus at their regular stops unless a note from the parent is presented to the driver requesting a drop off at another stop.
12. Students shall dress properly for the weather of the day.
13. Students shall unload the bus from front to back.
14. When leaving the bus, students shall observe the directions of the driver and watch for traffic before crossing the road.







Mr. Smith's grade four class making their first ascent on Mt. Baldy, just south of Nordegg. What a VIEW!

## Message From Trish Martin Past Interim Director

I would like to take this opportunity to thank Sunchild for welcoming me back into their community. In January, I returned after 30 years to be the interim director. This has been a challenging, yet rewarding adventure. It's been so fun seeing my students as adults (actually most are grandparents now!) I love it that several of you still call me "cheacher". Re-connecting with friends from the past has also been wonderful!

I would especially like to thank the education committee for their support in making positive change for the benefit of our students. You have been a great team to work with.

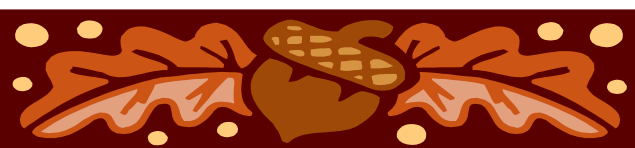
Sunchild community is very fortunate to have such a dedicated and hard working staff. My wish for all of you is that you will continue, "Working together to educate and teach our children respect and responsibility, with parental involvement and community support."

Trish – Retiree

## Sunchild School PASS Program

Sunchild Positive Alternative to School Suspension (PASS)

The Sunchild School PASS Program aims to provide a safe, rule-abiding climate that is helpful to learning. The PASS program is meant to serve as a preventative program to identify and address the problems causing students to be referred to PASS instead of serving as a reaction to the problems. This will be accomplished by instituting Quality Academic Assignments, Positive Reinforcement, A close monitoring of effects, Teacher understanding and support, Parental Involvement, Student follow-up, Mentoring, and Constant communication with all parties involved.



## Elementary Halloween Carnival



The Elementary Halloween Carnival will be on Friday October 30th. Students are asked to bring their costumes in the morning and then during the lunch hour put on their costumes. Class Halloween themed events will occur after lunch with the costume judging starting just before the afternoon recess (1:50). Division one students (K-2) will be participate in the carnival at 2:05 to 2:40 with Division two students (Gr. 3 to 5) participating from 2:45 to 3:25.



## Remind

This year Sunchild School is using Remind, an online communication tool, to help us to keep you informed about what is happening in your students class. Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students & parents. All personal information is kept private. Teachers will never see your phone number, nor will you see theirs. Below are the instructions for signing up for remind so you can start receiving these important notifications via text message.

To sign up for a specific grade you text the following number: **587-801-0972**

The message to send is as follows:

For grade 7: **@398359**

For grade 8: **@18268**

For grade 9: **@182688**



You will receive a message back asking for your name. If you have any questions about this service please don't hesitate in talking with Ms. Jackson.

## David Bouchard,

Canadian Metis children's author and literacy advocate who has written more than 50 books in both French and English, spoke this past week to students at Sunchild School. "Do you know what's better for you than TV? Stories," he told the young children in his first presentation, suggesting they ask their grandparents to tell them a story the next time they see them.



# Fall Harvest

K X H B T C R C G L R T F J S  
 U O C G S E V A E L U P T N Y  
 H I M Y Y A H A P W U J I A D  
 O R T M B J L B P R K K W S S  
 Q C R V U V P C Y P P D M F D  
 I I O M C A W S F M L A V A Q  
 Z I I R C L E H U M F E C L L  
 N X E O N L X P U Y D D S L S  
 H V R T P R E C W Q I N D Q J  
 D N X A T V K C U X C N U E T  
 S B M T N B A I J Q I I M T R  
 S C A R E C R O W W R C E X E  
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 R I T T J H Q Y E K R U T S S  
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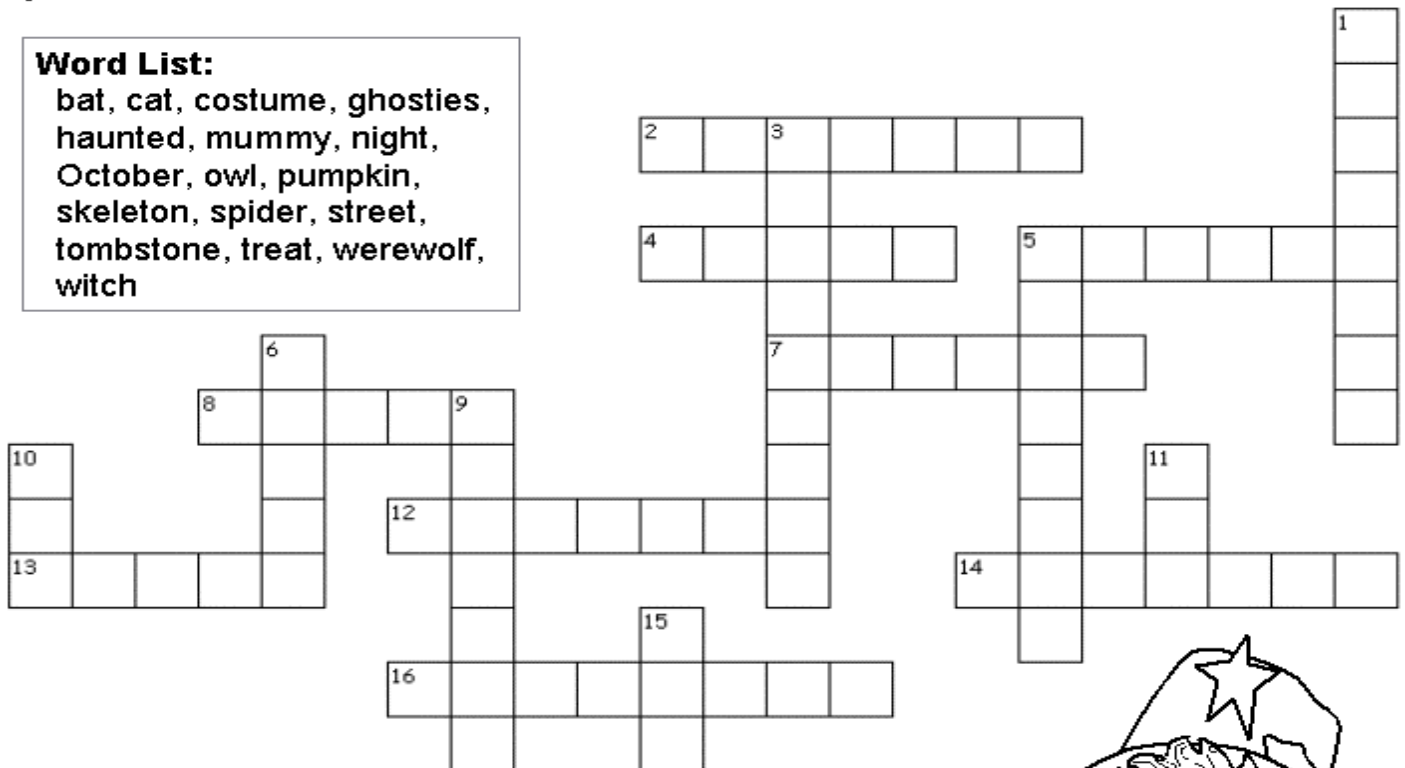
LEAVES  
 FALL  
 ACORNS  
 WIND  
 TREES  
 APPLES  
 PUMPKINS  
 MAPLESYRUP  
 SCARECROW  
 CORN  
 RAKE  
 SQUIRREL  
 HAY  
 TURKEY

(c) WebSpinstress

## Halloween Crossword

### Word List:

bat, cat, costume, ghosties,  
 haunted, mummy, night,  
 October, owl, pumpkin,  
 skeleton, spider, street,  
 tombstone, treat, werewolf,  
 witch



### Across

- Halloween month.
- Need a bandaid? Go ask your \_\_\_\_\_.
- Look both ways before you cross the \_\_\_\_\_.
- She catches bugs in her web.
- Rides a broom in the moonlight.
- Something to carve.
- Trick or \_\_\_\_\_
- Are you going to make it or buy it?
- Someone who turns into a wolf when the moon is full.

### Down

- Ghoulies and \_\_\_\_\_ and long legged beasties.
- You find these stones in a graveyard.
- Mr. Bones
- Things that go bump in the \_\_\_\_\_.
- Spooky house with ghosts.
- black \_\_\_\_\_
- Flying nocturnal mammal.
- Wise, old \_\_\_\_\_.

